



Chartered October 26, 1925  
Wednesday 12:00 noon  
La Mesa Community Center  
4975 Memorial Drive  
La Mesa, CA 91942

### Board Members

President Becki Schwartz  
President-elect  
Bonnie Welch  
Past President Jen Flynn  
Secretary Kathy Olsen  
Treasurer Ryan Barnhill

### Board Members

#### Directors

Dale Bailey  
Marsha Darling  
Mary Elington  
Louise Herr-Marshall  
Gabriella Misirioglu  
Kimberly Schafer

### Membership

Mark Matthews

### Youth Service

Mark Matthews

### Speaker Chair

Bill Ashman



## San Diego Legion



Jennifer Knuth-Tidball, Event Manager for the San Diego Legion, a professional rugby team proudly representing San Diego in the Major League Rugby (MLR). The MLR bills itself as the premier rugby competition in North America. Established in 2017, the San Diego Legion, is drawing crowds of passionate supports at the Snapdragon Stadium. The San Diego Legion is made up of 40 men from 14 countries. John Manenti was appointed the new Head Coach effective September 1<sup>st</sup>. Manenti comes to San Diego from Australia where he most recently served as the Head Coach of the Australian National Men's Seven team.

Rugby originated in Rugby, England 200 years ago when William Webb Ellis decided he has tired of playing normal soccer and picked up the ball to run with it. 30 years later rules were formed and the new sport evolved.

We learned to game has one referee, the game is 80 minutes long and the players do not wear any protective gear. Once a team has possession of the ball, they can carry it forward by running with it or passing it laterally or backwards to a teammate. They can't pass the ball forward, they can kick the ball forward to gain ground or to try to score points through a drop goal. Play continues with time-outs only at the 20 minute interval and the half time at 40 minutes.

**100 Year Anniversary Committee is meeting next Wednesday, September 25<sup>th</sup>, at 11:30 AM. Meeting will be held at the Community Center prior to our regularly scheduled meeting.**

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## World Polio Day



Our goal for the World Polio Day is October 24<sup>th</sup>. Our goal for this year is to exceed \$3000. Remember to drop your change in the jar and or see Mike Fellows to donate.

### **District 5340 End to Polio Walk**

Our End Polio Walk will be a 3.5 mile stroll through Balboa Park and 5 of San Diego's bridges.

Balboa Park

Saturday, October 26, 2024

Check In - 7 AM

Walk Begins - 8 AM

Registration Rate \$25

## Upcoming Programs

### **September 25, 2024**



Susan Naslund  
Director Good Shephard Food Bank

### **October 2, 2024**

Sarah Granby

Events Manager SD Alzheimer's Assoc.

### **October 9, 2024**

Gary Humora

La Mesa Tax - November Ballot

### **October 16, 2024**

Monica Montgomery Steppe

SD County Board of Supervisors

## Walk 4 ALZ 2024

The Walk to End Alzheimer's Association is on Saturday, October 5<sup>th</sup>, 8 AM at Liberty Station. Ryan Barnhill is coordinating our team including a La Mesa Rotary tent at the event.

Please sign up to walk and or donate by highlighting the link, right on the Ctrl key and then click on it.

<http://act.alz.org/goto/RotaryClubofLaMesa>

Scanning this QR code will take you directly to the La Mesa Rotary page.



## Rotarian of the Month



Gabriella Contreras-Misirioglu was named Rotarian of the Month by President Becki Schwartz. Gabriella, an active member of the club, is working on getting a Rotoract Club at Grossmont College. Congratulations to Gabriella.

## Lunch Time Service

**Please trade with someone if you are unable to perform your assignment.**

### September 25, 2024

Greeter Scott Elam  
Pledge Maggie Eggers  
Thought Mary Elington  
4 Way Sue Richardson

### October 2, 2024

Greeter Guy Elam  
Pledge Scott Elam  
Thought Maggie Eggers  
4 Way Mary Elington

### October 9, 2024

Greeter Mike Fellows  
Pledge Guy Elam  
Thought Scott Elam  
4 Way Maggie Eggers

### October 16, 2024

Greeter Mary Elington  
Pledge Mike Fellows  
Thought Guy Elam  
4 Way Scott Elam

## Charitable Giving



**The fall cycle for charitable giving opened on September 1<sup>st</sup> and closes on September 30<sup>th</sup>.**

## Annual Fundraiser for Mary's House



The 12<sup>th</sup> Annual Fundraiser for Mary's House a home for foster girls in Viet Nam will be held on Wednesday, November 13<sup>th</sup> at the Kettner Exchange.

Right click on the link below to open the hyperlink.  
The link is for tickets, to sponsor the event or donate:

<https://fundraiser.support/MARYSHOUSE2024>

## Celebration of Life for John Fistere



Sunday, October 6<sup>th</sup>, at 4 pm  
Unity San Diego  
3770 Altadena, San Diego

### September 2024

#### Basic Education and Literacy

#### 1<sup>st</sup> Fall Charitable Giving Application Opens

7<sup>th</sup> La Mesa Rock Fundraiser

8<sup>th</sup> LEAD Applications Due

8<sup>th</sup> Golf Tournament – Riverwalk

9<sup>th</sup> Gabriella's Grotarian Meeting;

6:45 pm RCP Office

18<sup>th</sup> 100 Year Anniversary Meeting at 11 AM

21<sup>st</sup> Homeless Project – Legacy Church

### October 2024

#### Community Economic Development

10/5 WALK4ALZ 2025 – 8AM Liberty Station

10/24 District 5340 End Polio Walk – Balboa Park

10/24 World Polio Day – Club Polio Plus Goal -  $\geq$

\$3000

10/12-10/13 8<sup>th</sup> Grade LEAD Conference

## **ALL CHARITABLE GIVING CAMPAIGN – Deadline 09/30/2024**

**The Rotary Club of La Mesa, California, Foundation (the “Foundation”) is proud to support deserving programs in need through its Charitable Giving Program. Through the generous contributions of community members and members of the La Mesa Rotary Club, the Foundation offers semi-annual donations following a review and approval process for each Charitable Giving Request submitted to the Foundation by the Rotary Club of La Mesa. The following are the Foundation’s guidelines for Charitable Giving Requests. The Foundation reserves the right to waive, amend or supplement these guidelines at any time or as circumstances may require.**

- 1. Charitable Giving Requests may be made be submitted by any person on behalf of a charitable organization qualified as a charitable entity under Section 501(c)(3) of the Internal Revenue Code.**
- 2. Each Charitable Giving Request must be accompanied by a separate letter from a member of the La Mesa Rotary Club who shall serve as the sponsor for the Request. Each sponsor letter shall specify why the Foundation should consider the Request.**
- 3. Each Charitable Giving Request shall specify how the charity will use the funds being requested.**
- 4. The combined amount of Charitable Giving Requests submitted by any one charitable organization during each fiscal year (July 1 through June 30) shall not exceed the sum of \$1,000.00.**
- 5. Each Charitable Giving Request must contain the organization’s federal and state tax identification numbers.**
- 6. Each organization must be able to attend a La Mesa Rotary Club meeting via a representative for the purpose of receiving the donation subject to the deadlines set forth below.**
- 7. Charitable Giving Requests will be provided to the Foundation through the La Mesa Rotary Club.**
- 8. The Foundation will duly consider Charitable Giving Requests recommended by the La Mesa Rotary Club. However, the Foundation reserves the right to increase, decrease, deny, approve, or place any limitations or restrictions on any Charitable Giving Request.**

**The La Mesa Rotary Foundation was created as an Internal Revenue Code Section 501(c)(3) Foundation to accept donations to support the work of the La Mesa Rotary Club. The La Mesa Rotary Club supports activities to benefit underprivileged, elderly, children, and world-wide projects. Evaluation of competing applications to determine which activities will be funded and the amounts shall be based on “impact”: Relative Impact. Preference shall be given to activities that will be significantly impacted by the amount of the contribution. For example, a contribution of \$1,000 to an organization with a \$25,000 budget has more impact than one to an organization with a \$1,000,000 budget. Impact might, however, be assessed on specific projects within an organization.**

**Local Impact. Preference shall be given to projects that specifically benefit La Mesa and East San Diego County. Organizations that serve East County shall be given preference even if the organization is located elsewhere.**

**Member Impact. Preference shall be given to projects in which La Mesa Rotary Club members have invested substantial time and treasure. All submissions need to go to Kathy Olsen, Chair of the Community Giving Committee at [kolsen@rcpblock.com](mailto:kolsen@rcpblock.com) by September 30, 2024.**